

Anxiety Research

Description

Are you a researcher wishing to collaborate?

If you are undertaking research in the field of anxiety, our aim is to help where possible, by creating a mutually beneficial relationship; working collaboratively with external researchers through:

- **Providing consultancy/advisory input, including access to lived experience input**
- **Assisting with recruitment of study participants (via our social media platforms, website and ezine)**
- **Assisting with dissemination of research findings (via our podcast series and 'And Relax' membership ezine)**

If you are interested in working with us, please complete the research request form below:

Please note:

Following completion of the below form, as we are a small team, please allow time for us to review and respond to your request within 10 working days before contacting us.

Further, as Anxiety UK receives numerous research collaboration requests, priority is given to those **aligned to our mission and current objectives for 2025-2030** and those **where funding to cover Anxiety UK's input has been factored into** the proposed research collaboration and any activities.

Anxiety UK collaborates with research projects where engagement and involvement is meaningful and where the charity's expertise is valued and respected.

Our policy is that we generally only assist with research conducted at PhD level and above. However, in exceptional cases, we may be flexible in this regard, depending on the relevance of the research proposal and the nature of the request being made.

[Research collaboration request form](#)

Table of research collaboration activity costs

The below table sets out indicative costs for a range of research collaboration activities that Anxiety UK is able to provide. Ordinarily, as a small charity, we seek to recover our costs in respect of staff time etc., however the below costs are negotiable in recognition of variation in research budgets.

Item	Indicative cost (£)
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Provision of a letter of support and reading through grant applications

Freewill donation

Assisting with participant recruitment

Recruiting participants via (And Relax, Anxiety UK's members' ezine/social media channels/website entry on research pages)

[See rates card](#)

Assisting with participant recruitment

Recruiting participants via Anxiety UK's participation group

£100 for initial request, repeat requests

Collaboration activities:

Representation by Anxiety UK staff on research steering groups etc./ reviewing research materials and proposals/ attending other meetings/

£40-50 per hour depend on seniority of staff

Chairing/leading on PPI work streams

£50 per hour

Dissemination activities

[See rates card](#)