

Placements

Description

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Placements for trainee/student therapists



The Anxiety UK Approved Therapist placement scheme offers therapists in training (trainees) the opportunity to gain valuable experience of supporting clients with a range of anxiety disorders.

If you would like to be considered for a placement, please read the [criteria for becoming an Anxiety UK Approved Therapist](#) to check eligibility and find out more.

We offer placements for Counselling, CBT and CBT/REBT trainee therapists.

Placements are available across the UK, however students/trainees wishing to offer in person therapy will need to have their own therapy room, as Anxiety UK cannot provide this.

To apply, click the below link(s). If the modality you require shows *no availability*, we are not currently accepting applications.

Counselling

[No availability](#)

CBT and REBT

[No availability](#)

CBT

No Availability