

Qualified therapists

Description

[Become a member](#)

[Access therapy](#)

[Helping your child](#)

Anxiety UK Approved

Join the Anxiety UK Approved Therapist Scheme

as a qualified therapist

The Anxiety UK Approved Therapist scheme offers qualified therapists experience of working with clients with a range of anxiety disorders from agoraphobia, social anxiety disorder and phobias, through to OCD and health anxiety.

How to join

Read the [scheme's eligibility criteria](#)

Click on the button(s) below for the relevant modality that you provide.

If you offer more than one modality, please select one modality first; you'll then be given the opportunity to add other modalities as part of the application process.

Please note: we can only progress applications from therapists that meet the Anxiety UK Approved Therapist scheme eligibility criteria.

EMDR

[Click to apply](#)

CFT

[Click to apply](#)

We have availability for qualified therapists offering the above modalities, if your chosen modality is not listed, please check back soon.